What is I/DD?
I/DD is a developmental condition, usually present at birth, that significantly affects intellectual functioning, adaptive behavior, and emotional functioning.

What Causes I/DD?
There are a variety of causes for I/DD. It can be caused by prenatal conditions such as poor maternal health, complications during birth, or environmental conditions that occur after birth. I/DD can also be a result of genetic disorders and chromosome deficiencies.

What are Environmental Causes?
Environmental causes are directly related to factors of the individual's environment such as pregnancy complications, and exposure to toxins such as lead, and/or mercury.

Evaluation of I/DD
In order to properly understand and work with an individual with I/DD, it is crucial to first determine the cause. This can be done by genetic counseling, taking a look at family medical history, and physical exams. This can be helpful in identifying future risks.

What are the Most Common Types of I/DD?
The most common types of I/DD include autism, Down syndrome, fragile x syndrome, fetal alcohol syndrome, and Prader-Willi syndrome.

Characteristics of I/DD
Common characteristics of those with I/DD include issues with learning, problem-solving, and adaptive behavior. It also is characterized by a lack of social and life skills.